

## Bowel Prep

Please follow these guidelines beginning the day before your scheduled surgery. IF you have any questions please call the office at (616) 971-0060.

11:30AM-12 noon- Lots of clear liquids (jello, popsicles) (preferably no red liquids.)

Take Reglan (this prevents nausea)

Drink one bottle of Phospha soda

2:00PM- Flagyl- 2 pills

Erythromycin-take one dose

6:00PM- Flagyl- 2 pills

Erythromycin-take one dose

Drink one bottle of Phospha soda

10:00PM- Erythromycin-take one dose

### **NOTHING TO EAT OR DRINK AFTER MIDNIGHT**

Prescriptions that patient needs before:

- Reglan 10mg take one by mouth every six hours as needed #2
- Erythromycin base one gram- 3 doses
- Phospha soda- 2 bottles
- Flagyl 500mg-6 pills